FROM THE LEADERSHIP TEAM

Wow! Another busy week with lots of learning happening and some good news!

This year our NAPLAN Reading results from Year 3 to Year 5 have been recognised as demonstrating significant improvement, in comparison to other schools. Cowell has been named as one of 29 public schools in South Australia to show above average gain in student performance.

Whilst NAPLAN is only a snapshot of student achievement at a particular time, the improvement our students have shown is testament to the commitment and hard work our staff have put into raising standards. The focus on examining data, and staff collaborating together to develop and implement effective intervention strategies, is definitely helping students to move forward – well done!!!

We have been doing lots of preparation for Sports Day this Friday and everyone is looking forward to a great day! We would like to see all students out there having a go and doing the best for their team, and hope that parents, friends and families can come along to support them. We ask that parents of Reception to Year 3 students, who are finished their events, supervise them closely and not allow them to run around where they may cause safety issues for participants and staff who are supervising.

Snakes
We have had several unwanted visitors to our school over the term and unfortunately, one of our students received a bite last week and had to be hospitalised. Luckily, he is ok and has returned to school after a stressful ordeal for him and his family. This highlights how careful we must be to ensure that all of our students are kept safe. The school is currently looking at ways to make our site more snake proof and undergoing some grounds work to remove leaf litter, trim bushes etc. We have also put a plan into place to rid the area of mice and so lessen the food source available to snakes. This includes educating our students about the importance of putting their rubbish / food scraps into the bin and not leaving their lunch boxes lying around.

We ask that parents also reinforce this with their children, along with the importance of leaving snakes alone if they see one – 95% of people who are admitted to hospital due to snakebites, are those whom have tried to kill and / or interfere with the reptile, (statistical studies done in WA).

Graham Hyman Seminars
Last week Graham Hyman from Youth Specialties spoke with our Year 6-12 students during the day and then to interested parents in the evening. Students really enjoyed Graham’s presentation with some of their comments following;

Approximately 40 parents attended the parent seminar “Understanding Your Teenager” and were entertained by Graham’s honest and humorous look at the world of parenting a teenager. It gave everyone there food for thought about our relationships with our teenagers (which starts as young as 8 these days!!) and what we can do to make living with a teenager a little more enjoyable and less stressful. It felt at times like he had cameras planted in our living rooms! If you were unable to see one – 95% of people who are admitted to hospital due to snakebites, are those whom have tried to kill and / or interfere with the reptile, (statistical studies done in WA).

National Day of Action against Bullying and Violence
As reported in last week’s newsletter, we will be recognising this day next Monday March 21st (which is also Harmony Day). Students are asked to come along dressed in orange – the Harmony day colour, and we will be providing all students with a wrist band that highlights the theme of the day “Take a Stand Together”. Teachers will be working with students leading up to the day with activities around bullying and all students will be involved in anti-bullying activities on the day. We will all be having lunch together on the lawn and some of our students will be running lunchtime games for everyone to play.

Continued on following page….
Bullying is an ongoing misuse of power in relationships through repeated verbal, physical and/or social behaviour that causes physical and/or psychological harm. It can involve an individual or a group misusing their power over one or more persons. Bullying can happen in person or online, and it can be obvious or hidden.

Bullying of any form or for any reason can have long-term effects on those involved, including bystanders.

Some conflicts between children are a normal part of growing up and are to be expected. Single incidents and conflicts or fights between equals, whether in person or online, are not considered bullying, even though they may be upsetting and need to be resolved.

Bullying can happen:
- face-to-face (e.g. pushing, tripping, name-calling)
- at a distance (e.g. spreading rumours, excluding someone)
- through information and communications technologies (e.g. use of SMS, email, chat rooms).

Identifying bullying can sometimes be difficult. Bullying is often conducted out of sight of teachers and children may be reluctant to report bullying.

Online bullying (often called cyberbullying) is bullying carried out through the internet or mobile devices. Children who are bullied online are also often bullied face-to-face.

Examples of online bullying include:
- repeated hang up calls
- sending insulting or threatening text messages
- publishing someone’s personal or embarrassing information online
- creating hate sites or starting social exclusion campaigns on social networking sites.

Online bullying is one potential cyber safety issue for children when they use computers and mobile phones.

If bullying is happening at school, or involves students from the school outside of school, you should let us know the situation. Gather the information you have from your child to share with the school.

Bullying is taken very seriously by everyone at our school and we can be much more effective when parents report bullying and support our efforts to deal with it.

We will work cooperatively with you to resolve the situation so that everyone feels safe and happy about coming to school.

### DATES TO REMEMBER

**TERM 1**

<table>
<thead>
<tr>
<th>WEEK 7</th>
<th>18/3</th>
<th>- R-12 Sports Day</th>
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</thead>
<tbody>
<tr>
<td>WEEK 8</td>
<td>22/3</td>
<td>- Student Free Day</td>
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<td></td>
<td>25/3</td>
<td>- Public Holiday</td>
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<td>WEEK 9</td>
<td>28/3</td>
<td>- Public Holiday</td>
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<td></td>
<td>29/3</td>
<td>- Governing Council AGM 7pm</td>
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<tr>
<td>WEEK 10</td>
<td>4-8/4</td>
<td>- SAPSASA Softball</td>
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<td></td>
<td>5/4</td>
<td>- Interschool Sports Day at Kimba</td>
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<tr>
<td>WEEK 11</td>
<td>11/4</td>
<td>- R-3 Excursion to Whyalla</td>
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<td></td>
<td>15/4</td>
<td>- Last day of Term 1</td>
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</tbody>
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### R-12 Sports Day 2016

The annual R-Year 12 Sports Day will be held at the Cowell School Oval this Friday 18th March, starting at 9am. Everyone is welcome to attend. If you are interested in assisting, please contact the school or simply offer to help on the day.

Students are in one of the three teams (Aries-blue, Scorpio-green and Taurus-red). We encourage students to wear their team colours and suitable athletics attire. For protection from the sun a T-shirt, broad brimmed hat, sunscreen and a water bottle are essential. Students are required to wear covered shoes during the throwing events (javelin, discus and shot put) and we recommend that they wear suitable running shoes for the other events.

The Year 6 students are holding a sausage sizzle and will be selling refreshments and snacks as a fundraiser. Students will need to bring their own lunch, order from the bakery or buy a sausage, there will be a set lunch time (from 12.15-1.15pm) and we prefer that students stay at the oval all day rather than returning home for lunch.

A copy of the programme can be found on the following page of this newsletter. Spectators are asked to bring a rug or a chair to sit on and, if possible some shade. If you have a shade that you are happy for us to use during the morning, please contact the school and drop the shade in before the 18th March. Donations towards trophies and medallions will be gratefully received (please contact the front office staff).

Colleen Peters

### 1500m Event

This event was run today, all houses were well represented. Congratulations to all competitors, it was a warm day and you all ran extremely well. The results were as follows:

#### Boys

<table>
<thead>
<tr>
<th>1st</th>
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<td>12th</td>
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FROM THE LEADERSHIP TEAM

Please read the following information carefully about 'What is Bullying?' This is only a small part of the resources that are available to parents. For more information got to www.bullyingnoway.gov.au.

Bullying is taken very seriously by everyone at our school and we will work cooperatively with you to resolve the situation so that everyone feels safe and happy about coming to school.

School outside of school, you should let us know the situation. If bullying is happening at school, or involves students from the school outside of school, you should let us know the situation. Gather the information you have from your child to share with the school.

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SPORTS DAY PROGRAMME

Time: 9.10am – 3.15pm

The 1500m event was held prior to Sports Day. Record holders are: Boys 1500m – J Mills 4m 51s 1976, Girls 1500m – N Higgins 5m 28.38s 1986

9.10am Students assemble at the oval
9.15am Official Opening

9.20am 400m Events
1. Sub Junior Boys 400m
2. Sub Junior Girls 400m
3. Junior Boys 400m
4. Junior Girls 400m
5. Inter Boys 400m
6. Inter Girls 400m
7. Senior Boys 400m
8. Senior Girls 400m

9.45am B-3 Running Races (all students participate: Reception Boys 50m, Reception Girls 50m, Year One Boys 50m, Year One Girls 50m, Year Two Boys 50m, Year Two Girls 50m, Year Three Boys 50m, Year Three Girls 50m)

10.00am Sub Junior & Junior Sprints
9. Sub Junior Girls 50m A
10. Sub Junior Girls 50m B
11. Sub Junior Boys 50m A
12. Sub Junior Boys 50m B
13. Junior Girls 50m A
14. Junior Girls 50m B
15. Junior Boys 50m A
16. Junior Boys 50m B

10.15am Field Events
Year 4 – 12
1. Triple Jump
2. Long Jump
3. Discus
4. Javelin
5. Shot Put
6. High Jump
7. Race/relay (track)
8. Race/relay (field)

12.15pm Lunch

Presentations of ribbons for Year 4-12 Tabloid winners (12.30pm)
(12.45 approx) Reception Event
Reception Baton Relay
Year 1/2 Event
Year 1/2 Baton Relay
Year 2/3 Event
Year 2/3 Baton Relay
Year 4-6 Boys & Girls (for those not in any other individual running race)

17. Sub Junior Girls 200m
18. Sub Junior Boys 200m
19. Junior Girls 200m
20. Junior Boys 200m
21. Inter Girls 200m
22. Inter Boys 200m
23. Senior Girls 200m
24. Senior Boys 200m
25. 4x100m Relay
26. Junior Boys 100m
27. Junior Girls 100m
28. Junior Boys 100m
29. Junior Girls 100m
30. Inter Boys 100m
31. Inter Girls 100m
32. Senior Girls 100m
33. Senior Boys 100m
34. 4x400m Relay
35. 4x100m Relay
36. 3x30m Relay
37. 3x50m Relay
38. 4x50m Relay

Presentations

FIELD EVENT RECORDS 2016

SUB JUNIOR BOYS
High Jump 1.32m Nicholas Gale SCORPIO 2002
Discus 19.46m Jarrad Schiller TAURUS 2006
Javelin 23.96m Zane Wykamp ARIES 2006
Long Jump 4.13m Ned Linton TAURUS 2013
Triple Jump 8.04m Saul Tonkin TAURUS 2003
Shot Put 8.80m Matt Schiller TAURUS 2011

SUB JUNIOR GIRLS
High Jump 1.20m Lydia Story ARIES 1995
Discus 17.06m Megan Schiller TAURUS 2004
Javelin 16.38m Chloe Chenoweth TAURUS 2005
Long Jump 3.95m Leanne Riches TAURUS 2000
Triple Jump 7.40m Megan Story TAURUS 1994
Shot Put 7.37m Megan Schiller TAURUS 2004

JUNIOR BOYS
High Jump 1.50m Andrew Story SCORPIO 1998
Discus 27.99m Alex Todd TAURUS 2005
Javelin 30.05m Zane Wykamp ARIES 2008
Long Jump 4.65m Andrew Story SCORPIO 1998
Triple Jump 9.40m Andrew Story SCORPIO 1998
Shot Put 9.60m Jarrad Schiller TAURUS 2008

JUNIOR GIRLS
High Jump 1.36m Brittany Wildman SCORPIO 2007
Discus 22.56m Megan Schiller TAURUS 2006
Javelin 22.82m Taylor Bastiens SCORPIO 2014
Long Jump 4.20m Megan Story ARIES 1996
Triple Jump 8.95m Megan Story ARIES 1996
Shot Put 8.43m Brittany Wildman SCORPIO 2007

INTERMEDIATE BOYS
High Jump 1.70m Darren Burton ARIES 1994
Discus 35.30m Alex Todd TAURUS 2007
Javelin 42.75m Craig Klingberg ARIES 1982
Long Jump 5.42m Cory Yager SCORPIO 1996
Triple Jump 11.30m Cory Yager SCORPIO 1996
Shot Put 12.07m Daniel Murdoch ARIES 2000

INTERMEDIATE GIRLS
High Jump 1.53m Vicki Deer ARIES 1986
Discus 24.1m Emma Dunn ARIES 1997
Javelin 23.8m Jane Starr TAURUS 1990
Long Jump 4.45m Brooke Story TAURUS 1995
Triple Jump 9.43m Megan Story ARIES 1998
Shot Put 9.20m Megan Schiller TAURUS 2007

SENIOR BOYS
High Jump 1.80m Andrew Story SCORPIO 2003
Discus 36.12m Shane Grigorovic ARIES 1992
Javelin 43.54m Clay Henderson SCORPIO 2000
Long Jump 5.88m Cory Yager SCORPIO 1997
Triple Jump 11.92m Grant Klingberg SCORPIO 1986
Shot Put 12.50m Stefan King SCORPIO 1994

SENIOR GIRLS
High Jump 1.50m Vicki Deer ARIES 1986
Discus 28.45m Katherine Davidson ARIES 2003
Javelin 28.6m Carly Woods TAURUS 2001
Long Jump 4.52m Brooke Story TAURUS 1997
Triple Jump 10.07m Barbara Tonkin 1970
Shot Put 8.84m Kerry Curtis SCORPIO 1984
**Governing Council Nomination**

Governing Council has vacancies to be filled for 2016. Please consider accepting or making a nomination for our council. Council meets twice a term and requires members to contribute to at least one subcommittee.

Governing Council is responsible for the overall direction that the school takes. It is a great way to find out how the school operates and have an opportunity to have a voice in that direction.

Please complete the form below and return to school before Tuesday, 29th March or bring to the AGM. Effective Learning is supported by strong partnerships between the school and its community.

We look forward to seeing you at the AGM which will be held Tuesday 29th March 2016 at 7pm in the Library.

---

COWELL AREA SCHOOL GOVERNING COUNCIL

**NOMINATION FOR ELECTION FORM**

I. ..............................................................................................(full name)

OF...........................................................................................................

.................................................................................................(address)

NOMINATE

...............................................................................................(full name)

OF...........................................................................................................

.................................................................................................(address)

To be elected as a member of COWELL AREA SCHOOL GOVERNING COUNCIL

I. ..............................................................................................(full name)

OF...........................................................................................................

.................................................................................................(address)

Accept the nomination and hereby declare that:

- I am not of undischarged bankrupt and do not receive a benefit of a law for the relief of insolvent debtors
- I have not been convicted of any offences of dishonesty, or of a sexual nature involving a minor, or of violence against a person.

I understand that should I be declared bankrupt, receive a benefit of law for the relief of insolvent debtors or be convicted of any offences listed my membership of the Cowell Area School Governing Council will cease.

Nomination Form needs to be returned to the Front Office or brought to the AGM that evening.

Signed..................................................................................

Date...................................................

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**SCHOOL NEWS**

**LIBRARY NEWS**

**Advance Notice — Library Closure**

The Library will be closed Tuesday 22nd March. We apologise in advance for any inconvenience.

**New this Week**

**Children’s Fiction**

- The Nellie Stories by Penny Matthews
- Star Wars The Force Awakens by Jason Fry
- New Books by Dr Seuss:
  - The Lorax
  - One Fish, Two Fish, Red Fish, Blue Fish
  - Dr Seuss’ ABC
  - Thidwick the Big Hearted Moose

**Childrens’ Non Fiction**

- All about Religion by Aled Jones
- All about your Brain by Robert Winston

**Teen Fiction**

- Looking for Alaska by John Green
- Pop Princess by Rachel Cohn

**Adult Fiction**

- The Mortals by Jordanna Max Brodsky
- Murder and Marinara by Rosie Genova

**Adult Non-Fiction**

- SuperFoods for Kids by Rena Patten
- Enemy by Ruth Clare

**Adults’ DVDs**

- Making Families Happy (M)
- The Official First Season Bonanza (PG)

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**Bookclub Launch**

**THURSDAY 31ST MARCH @ 11AM**

We are launching our 2016 Bookclub on Thursday 31st March @ 11am. Come along to the Library and meet some avid readers and have a chat about new books over a cuppa. This year we will be offering two books each month to choose from.

If you can’t get to the morning coffee each month, don’t worry, we would still love you to join us!

We will be setting up a private Facebook page for those readers who would like to join but are unable to come to our get togethers. Or you can swap theories, ideas and comments when you bump into other “Bookclubbers” in the street.

If your interested in joining pop into or call the Library before the 31st March and we can put your name down. Otherwise we’ll see you on Thursday 31st March at 11am.

---

**Storytime @ the Library**

Come along & enjoy
songs, stories & craft
Wednesdays From 9.15am
COMMUNITY NEWS

COWELL SWIMMING CLUB
Please note that there is no swim club tonight due to tennis grand finals.
Parent roster is as per below. If you are unable to do your shift, please organize your own swap—no helper, no lesson.

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<thead>
<tr>
<th>Thu 17/3</th>
<th>Wed 23/3</th>
<th>Thur 24/3</th>
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<tbody>
<tr>
<td>3.30 A. Biddlecombe</td>
<td>K. Jackson</td>
<td>B. Morrow</td>
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<tr>
<td>4.00 A. Biddlecombe</td>
<td>A. Oldfield</td>
<td>L. Parfitt</td>
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<tr>
<td>4.30 J. Harding</td>
<td>R. Crettenden</td>
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<td>5.00 R. Frost</td>
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COMMUNITY NEWS

COWELL FOOTBALL CLUB
Senior training for the 2016 season has begun! With 10 new recruits our season is already off to a positive start so let’s keep the momentum going with ALL intending Senior Players and Senior Colts coming out to trainings on Wednesday Nights at 5:45pm at the Cowell Oval!

Our club is still looking for a Senior Colts Coach and a B Grade Coach for the 2016 season. If you are interested please contact Mark Carmody on 0429 028 909.

With our season about to begin we are looking for people who are interested in umpiring for the 2106 season - if you are interested please contact Emma Carmody on 0434 703 044

JUNIOR COLTS NEWS
Due to changes made by the SANFL ages of Junior Colts have changed which means that our last years Junior Colts, will all be eligible for Junior Colts again this year.
Training will commence on Thursday 31st March, 4pm at the school oval for all interested players who are currently in Years 4, 5, 6 & 7 (under 13 years as at the 1st January 2016).

SAVE THE DATE we will be having a Family Day on Saturday 16th April for all of our Junior Colts and their families, more details to follow later.

COWELL TENNIS CLUB—JUNIOR FINALS
Junior tennis this Friday at 3:30pm games will be as follows; The Feds v The Other Team & The Sassys v The Tennis Lords. We will require neutral umpires for all final games, so parents please help out with this.

PLEASE NOTE FINALS will be played TONIGHT. Players to be at the courts ready to start by 3:30pm.
Presentation will be held immediately afterwards.
Should your child require a reserve for the finals, please contact Tanya Williams who will arrange this for you on 0428 135 714.

COWELL CRICKET CLUB
Eastern Eyre Cricket Grandfinal will be hosted by the Cowell Cricket Club at the Town oval Saturday 19th March 2016. Fully catered, everyone welcome. Juniors in the morning, Seniors in the afternoon

COWELL CRICKET CLUB
Cowell Cricket Club Trophy Presentations will be at the Commercial Hotel on Sunday 20th March 2016 Commencing at 11am followed by lunch, order as you enter, Life members, patrons and sponsors complimentary Life membership presentations to Craig and Joanne Klingberg. Everyone welcome

Parents’ & Friends’ Committee
Annual General Meeting
Wednesday 23rd March
7.15pm in the Library

Cowell Art Group
PRESENTS
ART ON THE HARBOUR
FRANKLIN HARBOUR INSTITUTE-COWELL
12TH MARCH - 30TH APRIL 2016
10 AM - 3.30 PM DAILY
ARTISTS IN RESIDENCE
A LARGE & DIVERSE RANGE OF PAINTINGS
BY LOCAL ARTISTS

FREE ENTRY

Important DATE!
Cowell Swim Club
The Cowell Swim Club AGM
Date: Monday 11th April
Time: 7.30pm
Venue: Cowell Community Library
All welcome, please come and join
The Cowell Swim Club Committee.
All positions will be up for election

Just a reminder that we close at 11:30 on
Saturday mornings due to sporting commitments

HOME TIMBER & HARDWARE
19 Main Street, Cowell
Ph: 08 8629 2073
Fax: 08 8629 1481
email: buzz@cliff.com.au

KITCHEN, BATHROOM & APPLIANCE SALE
ON NOW
$549

$299

$99

Open 7 Days
Mon-Fri: 8am-5:30
Sat: 8:30-11:30
Sun: 9:30-12

Go where the trades go...
KAYLEEN TURNBULL, Dip. Nat.

IN COWELL
OPEN TUESDAYS
Consultation and surgery by appointment. Dog and Cat grooming available as well as rescued pets, see website www.whyallavet.com.au
Ph: 86292609 (Wednesdays)
86459926 (other days)
Emergencies: call the vet on 0419806392

From Cowell Allied Health Services Health fund claimable, Gift vouchers available
Ph: 86285061, 0427 020 200

Andrew & Sarah Bedell
9 Main Street, Cowell SA 5602
Phone/Fax 8629 2051

Opening Hours:
Monday to Friday
8:30am—5:30pm
Phone Orders Welcome
Gift Vouchers Available

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With our full-time network of Elders offices and our dedicated, professional property management team, we are committed to excellence. Call us today for a free no obligation meeting about how we can help.

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Franklin
Electrical Solutions

- Building extensions on your home?
- Planning a new outdoor area?
- Building the shed of your dreams, or finally running power to it?

For quality solutions to your electrical problems
Contact Matt
0427 292 055

Franklin Harbour
Button Club

BBQ TRAILER HIRE
$100 hire for 24hr period
Phone 0437 295 276

ADRIAN & SHARRAN FRANKLIN
CAR & MACHINERY TYRES & BATTERIES
MONTHLY SPECIALS
AS OF 1st DECEMBER ALL BATTERIES WILL HAVE A PRICE INCREASE OF 8-10%
GET IN EARLY FOR ANY OF YOUR BATTERY NEEDS.

Cowell Volunteer Marine Rescue
Communications Centre
North Terrace COWELL
0457 957 223
Learn Boat Handling, Radio Procedure, Navigation Training—Monday—1700-1900hrs
For more information contact:
Training Officer: Dale Bailey
0429 054 969
Vice Commodore: Malcolm Brine
0488 292 567

Cowell Deli
Trading Hours are as follows:
Monday—Saturday
8:30am to 5pm
CLOSED SUNDAY
Public Holidays: 10am to 3pm
DVD Hire, Agent for SA Lotteries. Take away menu available from Monday to Saturday 11am to 3pm
Phone Orders Welcome
Ph: 8629 2016

TREADZ @ COWELL
Tyre and Batterie

FOR ALL YOUR
AIR-CONDITIONING
& REFRIGERATION
NEEDS
CALL:
DAMO 0428884281
Lic No: AU30285

Cowell Recycling Depot
83 Cowell/Kimba Road
0427292322

OPEN HOURS:
Thursday 3:30pm to 5:00pm
Friday 2:30pm to 5:00pm
Sunday 10:00am to 1:00pm

CLEVE AUCTIONS TOMORROW 17th March

84 Arno Bay Road Cleve
Auction @ 11am On Site
3 bedrooms + granny flat,
1 acres of land. Fantastic entertaining areas.

25 East Terrace Cleve
Auction @ 12pm On Site
4 bedroom home, corner allotment, 1 bedroom flat with its own kitchen/dining/bathroom & Laundry.

Ray White Cowell Office 08 8629 2592

Building extensions on your home?
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