Wow - what a busy week we’ve had since our last newsletter! Thank you to everyone who has been involved in organising the numerous events that were held throughout the week.

SRC and House Leader Induction
Congratulations to our SRC representatives and House leaders who were inducted into their roles last Wednesday. It is an honour and a privilege to be part of the leadership groups within the school, and each of the students should be proud of their achievements in being elected to their positions. We hope they take on their roles with enthusiasm and are looking forward to the ways in which they can make a difference within our school.

Swimming Carnival
Congratulations to Scorpio on their great win last Friday! It was terrific to see so many parents, grandparents and friends come along to support our students. Everyone had a fun day and we were impressed by the team spirit our students showed and the enthusiasm with which they participated.

Meet and Greet
What a good turnout we had last night from parents, grandparents and students. It was great to see our students proudly showing off their work and classrooms, and staff really enjoyed the opportunity to chat with parents about what’s happening around our school. Many parents got to visit parts of the school they never go to, with the Science labs, Aquaculture, Video conferencing room and Tech rooms providing particular interest. Feeding the barramundi, making sherbert, creating electricity with the Van de Graaf generator, watching themselves on the green screen and seeing the 3D printer in action were big hits. And of course we finished it all off with tasty sausages and sweet treats created by our Year 7 students in Home Ec.

Thankyou to Scott Williams and Ettienne Posthumus for setting up and cooking the BBQ, Ethan Grigg, Ben Posthumus, Jordan Lewis and Patrick White who helped visitors find their way around the school, and most importantly, all who came along to support our students.

Student Well Being – Year 7-12 workshops
On Thursday March 10th, our students will be attending workshops run by guest speaker Graham Hyman from Youth Specialties Australia. Graham will talk to our students on the topics of ‘Respect, Resilience and Relationships’, engaging them in a fast-paced, informative and challenging presentation. He is also running a Parent session (see below) which we highly recommend for parents who are living with teenagers!!

Parent Information Session – ‘Understanding Your Teenager’
Teenagers are difficult, but not impossible!
What is it with these kids? Why do they seem like they’re from another planet? Why do all those other teens get involved in such dangerous behaviour, and how can I make sure my kid will be safe?

The **Understanding Your Teenager Seminar** by Graham Hyman on Thursday March 10 (7-8:30pm) at the Cowell Complex will answer all these questions and more. Graham is one of Australia’s most renowned presenters on parenting teenagers. Many years ago (2004!) he inspired, entertained and informed the students & parents here, we are delighted to have the chance to have him back.

A separate flyer will be forwarded home shortly with more information on the parent seminar, **we’d love you to come**!

**Who are our Year 12’s??**
Dante Zanet came to Cowell Area School in Week 6 of Year 6 from Quorn . Dante has chosen to do Maths Methods, Physics, English Communications and the Research Project this year, having completed Stage 2 Classical Studies and Stage 2 Material Products in Year 11. He has known what he wants to be for quite a while and is looking forward to getting through exams, passing Year 12 and going on to become a pilot in the Defence Force. Dante describes himself as ‘courageous’ and ‘slightly annoying’ (which his mates do not argue with) and has a reputation for ‘negotiating’ (to get his own way). He enjoys riding his motorbike, playing videogames and hanging out with friends and keeps himself busy with a part time job at the Roadhouse.

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**DATES TO REMEMBER**

<table>
<thead>
<tr>
<th>TERM 1</th>
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</table>
| **WEEK 7** | **14/3** - Public Holiday  
**18/3** - R-12 Sports Day |
| **WEEK 8** | **22/3** - Student Free Day  
**25/3** - Public Holiday |
| **WEEK 9** | **28/3** - Public Holiday  
**29/3** - Governing Council AGM 7pm |
| **WEEK 10** | **4-8/4** - SAPSASA Softball  
**5/4** - Interschool Sports Day at Kimba |
| **WEEK 11** | **15/4** - Last day of Term 1 |

**SCHOOL LOST PROPERTY BOX**
Is overflowing & will be emptied at the end of this week, all unnamed items will be taken to the Op Shop, so please come in & have a look through for items that may belong to your child/children.
Governing Council Nomination

Governing Council has vacancies to be filled for 2016. Please consider accepting or making a nomination for our council. Council meets twice a term and requires members to contribute to at least one subcommittee.

Governing Council is responsible for the overall direction that the school takes. It is a great way to find out how the school operates and have an opportunity to have a voice in that direction.

Please complete the form below and return to school before Tuesday, 29th March or bring to the AGM. Effective Learning is supported by strong partnerships between the school and its community.

We look forward to seeing you at the AGM which will be held Tuesday 29th March 2016 at 7pm in the Library.

COWELL AREA SCHOOL GOVERNING COUNCIL
NOMINATION FOR ELECTION FORM

I..............................................................................................(full name)
OF...........................................................................................................
.................................................................................................(address)

NOMINATE
...............................................................................................(full name)
OF...........................................................................................................
.................................................................................................(address)

To be elected as a member of COWELL AREA SCHOOL GOVERNING COUNCIL

I..............................................................................................(full name)
OF...........................................................................................................
.................................................................................................(address)

Accept the nomination and hereby declare that:

- I am not of undischarged bankrupt and do not receive a benefit of a law for the relief of insolvent debtors
- I have not been convicted of any offences of dishonesty, or of a sexual nature involving a minor, or of violence against a person.

I understand that should I be declared bankrupt, receive a benefit of law for the relief of insolvent debtors or be convicted of any offences listed my membership of the Cowell Area School Governing Council will cease.

Nomination Form needs to be returned to the Front Office or brought to the AGM that evening.

Signed..................................................................................
Date...................................................

SCHOOL NEWS

Meet & Greet Snapshot

Middle School Bonding Day

On Wednesday the 10th of February, the Middle School students went to Whyalla for a bonding day. When we arrived at Whyalla we went to the foreshore. We got into groups, then we did the Amazing Race, where we had to find things. Luci, Courtney, Jaxon, Kaden and Patrick won it. Next we did an egg and spoon challenge in the same groups and did a water game and hoop game. We sat down and ate some pizza from Pizza Hut - it was great! We were only allowed two pieces, but the boys wanted more. We hopped back in the bus and went straight to bowling.

At bowling we got into groups and got our shoes, then we had to learn some rules about the bowling place. Next they turned the lights off and put some glowing thing on and finally we got to start. A few people were getting strikes and even Mr Wallis got a strike!!!!!! We got 20 shots each. Our team was last and it was super fun.

We got on the bus and Ms B gave us a lollipop - it was yum. We started to head home on the bus. The day out was great.

By Mikayla Flavel and Courtney Grigg

ICE BLOCKS FOR SALE
Thursday lunchtimes $1.00 outside the Yr 6 room
proceeds to class fundraising
A great team effort from the Scorpio House resulted in them winning the 2016 CAS Swim Carnival Trophy. Final results were: Scorpio 911 points, Aries 849 points and Taurus 659 points.

**Championship Winners and Runners Up:**

<table>
<thead>
<tr>
<th>Category</th>
<th>Champion</th>
<th>Runner Up</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sub Jun Boys</td>
<td>Liam Frost</td>
<td>Ky Lewis</td>
</tr>
<tr>
<td>Sub Jun Girls</td>
<td>Mercedes Ramsey</td>
<td>Olivia Franklin</td>
</tr>
<tr>
<td>Junior Boys</td>
<td>Sean Norworthy</td>
<td>Nash McFarlane</td>
</tr>
<tr>
<td>Junior Girls</td>
<td>Courtney Grigg</td>
<td>Jordan Lewis</td>
</tr>
<tr>
<td>Inter Boys</td>
<td>Oscar White</td>
<td>Dylan Francis-Kent</td>
</tr>
<tr>
<td>Inter Girls</td>
<td>Chloe Walker</td>
<td>Luci McFarlane</td>
</tr>
<tr>
<td>Senior Boys</td>
<td>Dante Zanet</td>
<td>Nathan Smith</td>
</tr>
<tr>
<td>Senior Girls</td>
<td>Alison Turnbull</td>
<td>Grace Chopin</td>
</tr>
</tbody>
</table>

**New Records:**

- SJG Medley Relay Taurus 1min 12s 2009 – Aries 1min 09s 2016
- SJG Freestyle Relay Aries 1min 06s – Aries 1min 00s 2016

Congratulations to all who participated. A huge thank you to everyone who helped out with the running of the carnival. House Leaders once again did a terrific job of organising their team members — well done. Thanks to Star Motors for their generous donations towards medallions/trophies.

If you would like to provide feedback about the carnival, please address it to ‘Sports Committee Att: Colleen Peters’ (pass to front office staff).

Colleen Peters and the Sports Committee
Leaders Induction Ceremony
This event was held last Wednesday morning, celebrating our fabulous student leaders for 2016. Congratulations to these students for taking on a leadership role within our school.

New Library Hours
- Monday: 8.30am - 4pm
- Tuesday: 8.30am - 4pm
- Wednesday: 8.30am - 4pm
- Thursday: 8.30am - 4pm
- Friday: Closed

New this Week!

**Children's Picture Book**
- It’s Not Fair by Anita Harper
- What About Bear by Suzanne Bloom
- Meet Sidney Nolan by Yvonne Mes

**Children's Fiction**
- Magic Animal Friends—Rosie Gigglepip’s Lucky Escape by Daisy Meadows
- Doctor Who—Time Lord Fairy Tales by Justin Richards

**Children's Graphic Novels**
- Ned Kelly—The Man Behind the Mask by Hugh Dolan

**Children's Non Fiction**
- Indigenous Australian Cultures by Mary Colson
- Star-Nosed Moles & Other Extreme Mammal Adaptations by Jody Sullivan Rake

**Teen Fiction**
- Shadow Hunters Series by Cassandra Clare
  - Clockwork Angel
  - Clockwork Princess
  - Clockwork Prince
- Bro by Helen Chebatte

**Adult Fiction**
- The Improbability of Love by Hannah Rothschild
- The Lost Swimmer by Ann Turner
- Recipes for Love & Murder by Sally Andrew
- Sunset Pass by Zane Grey

**Adult Non-Fiction**
- The Life-Changing Magic of Tidying by Marie Kondo
- The Microbiome Solution by Robynne Chutkan
- The Brain Fog Fix by Dr Mike Dow

**Adult Large Print**
- Gun Feud by A.A Glynn

Storytime is back at the Library.

Every Wednesday starting
9th March @ 9.15am!

Come along & enjoy a story and some craft.

We would love to see you.
All welcome.

Community Events

Wednesday 16th March @ 7.30pm
Meet author Amanda Ortlepp. RSVP preferable.
Amanda’s novel “Claiming Noah” now available.
MENTAL HEALTH FIRST AID COURSE
Seeking expressions of interest of people who would be interested in attending a Mental Health First Aid course here in Cowell in the near future, please register your interest with Graham Buhlmann on 0419 835 677.

COLLECTIONS
There will not be collections in the Cowell Institute over Easter this year. Jo Sampson & Di Woods thanks everyone who enquired about this year’s event, but unfortunately we are unable to do it.

COWELL FOOTBALL CLUB—SENIOR COLTS COACH
The Cowell Football Club is re-calling applications for a senior Colts Coach in the 2016 season. If you are interested please contact Mark Carmody on 0429 028 909.

COWELL TENNIS CLUB—JUNIOR
Junior tennis this Friday at 3:30pm games will be as follows; Kitty Cats v The Fed’s, Tennis Lords v The Other Team, Rising Stars v The Sassy’s. The A Team have the bye and Kitty Cats are on roster.

PLEASE NOTE That due to Sports Day being on the 18th of March, the Junior Tennis Grandfinal has been changed to Wednesday 16th March at 3:30pm.

COWELL SWIMMING CLUB
Parent roster is as per below. If you are unable to do your shift, please organize your own swap—no helper, no lesson.

Wed 24/2  Thur 25/2  Wed 2/3  Thur 3/3
3.30  K. Franklin  A Biddlecomb  K. Jackson  N. Turner
4.00  J. Gregory  N. Turner  K. Wenske  J. Kuhn
4.30  B. Grund  N. Turner  M. Klingberg  R. Russell
5.00  J. Gregory  M. McFarlane  J. Martin  R. Crettenden
5.30  S. Williams  N. Turner  M. McFarlane J. Harding

COWELL HOSPITAL AUXILIARY
General meeting will be held on Thursday 25th February at 1:30pm in the Ivy Caire Room.

OP SHOP BARGAIN SALE
Fill a shopping bag with clothes and shoes for $4.00 a bag, starting on Tuesday 1st March.
DOG AND CAT GROOMING

IN COWELL OPEN TUESDAYS
Consultation and surgery by appointment. Dog and Cat grooming available as well as rescued pets, see website www.whyallavet.com.au
Ph: 86292609 (Wednesdays) 86459926 (other days)
Emergencies: call the vet on 0419806392
Ph: 0422 5081, 0427 020 200

Naturopath/Masseuse
KAYLEEN TURNBULL, Dip. Nat.
Offering support with:-
• Nutrition & Weight Management
• Comprehensive Health Assessment
• Maintaining Wellbeing
• Counselling
• Remedial/Lymphatic Massage
• Reflexology
Consults Tues. Wed & Thurs
From Cowell Allied Health Services
Health fund claimable, Gift vouchers available

ADJUSTING BACKS, KNEES, ELBOWS, ARMS, WRISTS, FEET, TOES

Franklin Electrical Solutions
• Building extensions on your home?
• Planning a new outdoor area?
• Building the shed of your dreams, or finally running power to it?
For quality solutions to your electrical problems
Contact Matt
0427 292 055

Cowell Volunteer Marine Rescue
Communications Centre
North Terrace COWELL
0457 957 221
Learn Boat Handling,
Radio Procedure, Navigation Training—Monday—1700-1900hrs
For more information contact:
Training Officer: Dale Bailey
0429 054 969
Vice Commodore:
Malcolm Brine
0488 292 567

Cowbell Deli
Trading Hours are as follows:
Monday—Saturday
8:30am to 5pm
CLOSED SUNDAY
Public Holidays: 10am to 3pm
DVD Hire, Agent for SA
Lotteries. Take away menu
available from Monday to
Saturday 11am to 3pm
Phone Orders Welcome

Ph: 8629 2016

Franklin Harbour
Button Club

BBQ TRAILER HIRE
$100 hire for 24hr period
Phone 0437 295 276

Cowell Recycling Depot
83 Cowell/Kimba Road
0427292322
OPEN HOURS:
Thursday 3:30pm to 5:00pm
Friday 2:30pm to 5:00pm
Sunday 10:00am to 1:00pm

COWELL AUCTIONS Friday 11th March 2016

Ray White Cowell Office 08 8629 2592