The end of the term is fast drawing near and there is plenty happening to keep us all busy!

Yesterday some of us travelled to Kimba with our Interschool Sports team to compete in the Interschool Sports Day! Our students participated with great enthusiasm, many of them earning themselves ribbons and achieving personal bests. However, the thing that really stood out was how they supported each other and pushed themselves to achieve their best, despite coming up against much larger schools, with a lot more students. They should all be very proud of the way they represented themselves and our school.

A big thank you also to the parents, grandparents and friends who came along to support our team. More information and details about results will be in next week’s newsletter along with photo’s.

Interviews

A reminder that you have the opportunity to request an interview with your child’s teacher either this week or next week. This is a very important part of our reporting process and a great way to find out how your child is going or ask any questions / address any concerns that you may have. Please go to www.schoolinterviews.com.au to register and use the school event code 7q7bq to book a time. Alternatively, you can ring and speak to the ladies in the front office, who can arrange a time for you.

SAPSASA

Some of our students are currently in Adelaide representing Central Eyre Peninsula in the SAPSASA Softball competition, with Tanya Williams as their coach and they are doing very well by all reports. They have competed in 3 games so far against Murraylands, Onkaparinga South and Western Eyre Peninsula and have won them all, including a game this morning against Mid North. A fantastic result so far!

Attendance

Our Attendance officer visited us again last week and was pleased with our attendance rate so far this year and the low number of unexplained absences. If your child is away, please remember to forward an explanation as to why they were absent, so that we have an accurate picture of our attendance.

Whilst our attendance rate is still quite good, it has slipped since halfway through the term from 96% to 94.5%. We encourage parents to send their child/children every day (unless they are ill) and remind you of the importance of continuous attendance. The following excerpt is from the DECD Attendance policy (2012).

“Research shows that success in learning is directly proportional to regular attendance and participation in education programs.

Non-attendance and irregular attendance can be viewed as early indicators of the potential for disengagement from the education program. There is a correlation between underachievement in primary school and non-attendance in later years and consequently lack of success in adult life. Absence from school can limit a student’s achievement of essential knowledge and skills required for effective participation in work, relationships and families, and active citizenship.”

It is our shared responsibility to make sure that children are maximising their learning opportunities.

Who are our Year 12s?

Although born in Adelaide and attending Kindy in Whyalla, Angus Dewson has lived in Cowell for most of his life and attended Cowell Area school. Angus is studying Maths, English, Tech, Workplace Practices and the Research Project this year and is hoping to gain an apprenticeship when he completes his SACE. He is particularly interested in the Construction Industry and would be happy to move anywhere to gain employment. Ultimately, he would like to run his own business. Described by others as always being quiet and respectful, he has also earned himself the nickname of ‘Teflon’ from some of his peers, who wonder at his ability to have ‘nothing stick’?

With a part time job at the Cowell Jade Motel, in his spare time Angus enjoys playing footy, fishing and camping (when he has the opportunity), and just being close to the water. He will have plenty of time to do these things next year when he goes off on his trip to Fiji, the planning of which he has undertaken as his focus for his Research Project this year.
THANK YOU
To Margaret Hanson, who donated a lovely knitted rug for our sick room.

SCHOOL NEWS

DATES TO REMEMBER

TERM 1

WEEK 10  4/8/4  - SAPSASA Softball

WEEK 11  11/4  - R-3 Excursion to Whyalla
15/4  - Last day of Term 1
   School finishes at 2:20pm

TERM 2

WEEK 1  2/5  - Term 2 commences
4/5  - Year 8 Immunisations

WEEK 2  10-12/5  - NAPLAN

ICE BLOCKS FOR SALE
Thursday lunchtimes $1.00 each
outside the Yr 6 room
proceeds to class fundraising

APRIL
7/4—Tahlia Martin
7/4—Dante Zanet
8/4—Amy Oldfield  9/4—Scarlett Martin
9/4—William Schultz  10/4—Chase Piggott
10/4—Nate Franklin

INTERSCHOOL SPORTS DAY
SNAPSHOT

Jess Matthews and Chelsea Woolford are the new Youth Coordinator’s for Eastern Eyre Health and Aged Care.

Jess has worked in various roles within Community Health over the last 6 years and is currently working as the Youth Development Coordinator 3 days a week. Jess has studied her Certificate 4 in Youth Work.

Chelsea previously worked as the Health Promotion Coordinator and is now working as the Youth Development Coordinator 1 day a week. Chelsea has a Bachelor of Applied Science: Human Movement and Health Studies.

The role of the Youth Coordinators is to encourage and support young people to look after their own health. Health, being such a broad term, and provides a large scope for projects and programs to be developed and implemented.

We work across the cluster of Cleve, Cowell and Kimba, coordinating and delivering programs in the schools and kindergartens that include:

- Eat a rainbow
- Busy bee program
- Handwashing program
- Sunsmart
- Noseblowing
- Body Image
- Sexual health program
- Driver awareness program
- Straight spines program

This year we are planning to provide some programs that focus on drugs, bullying and stress management.

If you would like any further information on the above or if you can identify other community needs for young people in our area, then please do not hesitate to contact us.

Jess Matthews
e: Jessica.matthews2@esa.gov.au
ph: 9627 2856

Chelsea Woolford
e: Chelsea.woolford@esa.gov.au
ph: 9627 2856

THANK YOU
To Margaret Hanson, who donated a lovely knitted rug for our sick room.
COMMUNITY EVENTS

New this Week

Children’s Fiction
Guide to Magical Creatures by Jackson Pearce
Eve & the Runaway Unicorn by Jess Black

Children’s Non Fiction
Teddy Bear Subtraction by Barbara McGrath
Place Value by David Adler

Teen Fiction
The Reluctant Jillaroo by Kaz Delaney

Children’s DVDs:
Lizzie McGuire - Season 2 (PG)

Adult Fiction
The Invention of Wings by Sue Monk Kidd
The Visitor by Lee Child
The Follower by Jason Starr
Firestorm by Iris Johansen

COWELL FOOTBALL CLUB NOTICES

TRAINING:
Training times for A & B Grade will now be Tuesday and Thursday nights at 5:45pm at the Cowell Sporting Complex Oval. Senior Colts will initially start training at 5:15pm on Thursdays at the Complex and will then join in with the seniors. Senior Colts are more then welcome to join in with senior trainings on Tuesdays. The Junior Colts will continue to train at the Cowell School Oval at 4pm.

REGISTRATION NIGHT:
This Thursday we are having a BBQ and Registration Night for ALL Senior Players and ALL Senior Colts at the Complex straight after Training. If you are unable to attend please ring Emma on 0434 703 044 to get your registration papers.

CLUB MERCHANDISE:
This year Jo Schumann will be selling club merchandise and uniforms through Stitch n Bits. Prices are:
- Jackets $95
- T-Shirts $50
- Shorts $35
- Socks $25
- Hats & Beanies $15

FIRST TEAS:
Thursday night teas will commence on Thursday 14th April and will then continue throughout the season. We will have a member’s jackpot draw, which is always a crowd favourite and we also have a chocolate wheel, which goes off a few times during the night.

FOOTY TIPPING FOR 2016:
Footy tipping will commence Thursday 14/04/16. Emma Carmody will be running the tipping this season and you can submit your tips at the clubrooms, ringing the Club on Thursday night 86292019, texting Emma on 0434 703 044 or by email emmacarmody@me.com

FACEBOOK PAGE:
The Cowell Football Club has a Facebook Page – Please like and follow us as we will share upcoming events and important club information throughout the season!

WASHING GUERNSEYS:
Thank you to all the people that responded to helping out with washing the Guernsey’s for 2016, at this stage all I need is someone to wash the B Grade Guernsey’s. If you are able to help please call me on 0434 703 044.

TEA TOWELS:
We need someone to wash tea towels for us after Thursday night teas and after Home Games on Saturdays. If you are able to help out please contact Emma on 0434 703 044.

ROSTER PREFERENCES:
The Football/Netball Canteen is a major fundraiser for our respective clubs and all members of our clubs are expected to work in the canteen throughout the season. This season we will try, within reason, to take personal preferences into account when making up the rosters. If you have preferences to when you would prefer to work can you please let Emma Carmody know ASAP.

JUNIOR COLTS FAMILY DAY:
There will be a Family Day on Saturday 16th April for all Junior Colts and their families, information will be given out this Thursday at footy training with further details.

Thank you!
We have had a lot of donations this year of books & DVD’s.
Thank you very much to those kind people for sharing your favourite books with the Community.

Community Events

Adult Book Club
Next catch up— Thurs 12th May @ 11am in the Library (new members welcome). Our April picks are:

- I Am Malaika by Kailash Satyarthi
- The No. 1 Ladies Detective Agency by Alexander McCall Smith
**COMMUNITY NEWS**

**SUNDAY SCHOOL**
This Sunday we are having our first family service for the year. If all kids could be at the hall at 10:30 we have a quick craft to do before the service. There will also be a sausage sizzle after the service. Meat and bread will be provided so bring a salad or a sweet to share. All children and their families and friends are welcome.

**COWELL GOLF CLUB NEWS**
The golf season has begun for 2016!! All new and old members welcome on Sundays. Ladies Hit Off at 11.45am, Men Hit Off at 12.15pm. Lunch and snacks available.

**COWELL HAS TALENT**
Saturday 9th April 7pm for a 7.30pm start. Adult $20, Senior student $10. Book at Cowell Post Office – pay and pick up tickets by Thursday afternoon, tables will be set up Friday morning. BYO Drinks, Glass, & supper. Voting by audience coin donation with every $ a Vote to be added to Judges Vote. Raffles, Mini-auction, All dollars for votes, raffles etc plus ticket costs are a fund-raiser for Cowell Hospital, RFDS & Angel flight. Come along and join in this very entertaining evening.

**GIVE AWAY**
Frangipani cuttings. Phone Jan 0428 292 056.

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**How up to date is your food safety knowledge?**

To increase knowledge and to enhance the level of professionalism within the region, TAFE SA and your local Council are offering an accredited short course in food safety. This intensive course is appropriate for anyone involved in food handling.

**District Council of Cleve**
TAFE SA 27B Main Street
Wednesday 4th of May 2016
Session time: 10.00am to 2.00pm

**FEE FREE**

Sessions Cover:
- Legal Requirements of Food Safety
- Preventing Food Spoilage
- Pest & Waste Control
- Cause & Effect of Food Poisoning
- Food Handling Practices
- Storage of Food and Personal Hygiene

Enrolments and Queries:
Megan Cox, TAFE SA
Phone: 042243456 or 0422372119
Email: megan.cox@tafe.sa.edu.au

or
Nigel Paskett, TAFE SA
Phone: 0407784032
Email: nigel.paskett@tafe.sa.edu.au

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**Cowell Swimming Club AGM**
- Monday 11th of April at 7.30pm in the library all welcome.

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**The Beauty Room**
A small unique beauty salon providing you with a full range of treatments, professional skincare & wellbeing products.
- WAXING
- TINTING
- SPRAY TANNING
- MAKEUP ARTISTRY
- MANICURES & PEDICURES
- FACIAL TREATMENTS
- BODY TREATMENTS
- THERAPEUTIC MASSAGE

- OPENING HOURS -
  - TUESDAY – FRIDAY 9AM – 5.30PM
  - SATURDAY 9AM – 4PM

Contact EMILY to book your appointments
Ph: 0448 807 932
E: emily.wyke@outlook.com
## Lunch Order Price List

**Lunch Days:**

**Mondays & Fridays**

<table>
<thead>
<tr>
<th>Sandwiches &amp; Rolls (Single cut)</th>
<th>Pizza Singles</th>
<th>$3.20</th>
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</thead>
<tbody>
<tr>
<td>Vegemite</td>
<td>Ham/ Pineapple or supreme</td>
<td></td>
</tr>
<tr>
<td>Ham, Beef or Chicken</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Meat &amp; Salad</td>
<td>Hot Ham &amp; Cheese Roll</td>
<td>$4.70</td>
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<tr>
<td>Salad</td>
<td></td>
<td></td>
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<tr>
<td><strong>Extras</strong></td>
<td>Hot Dog</td>
<td></td>
</tr>
<tr>
<td>50c ea</td>
<td>Plain</td>
<td>$4.20</td>
</tr>
<tr>
<td><strong>Cheese, lettuce, carrot, tomato, beetroot &amp; cucumber</strong></td>
<td>With Sauce</td>
<td>$4.40</td>
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<tr>
<td>Toasted</td>
<td><strong>Drinks</strong></td>
<td></td>
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<tr>
<td>80c ea</td>
<td>Big M Flavoured Milk—250ml</td>
<td>$2.50</td>
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<tr>
<td><strong>Pastries</strong></td>
<td>Chocolate &amp; Strawberry</td>
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<tr>
<td>Plain Pie</td>
<td>Mount Franklin Water— 600ml</td>
<td>$3.20</td>
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<tr>
<td>Beef, Cheese &amp; Bacon</td>
<td>LOL Sparkling Fruit Juice— 250ml</td>
<td>$2.70</td>
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<tr>
<td>Steak &amp; Mushroom</td>
<td>BCurrent, Razzbri, Tropicl &amp; Strazzbri</td>
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<tr>
<td>Chunky Steak</td>
<td>Fruit Box— 250ml</td>
<td>$2.40</td>
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<tr>
<td>Chicken</td>
<td>Orange, Tropical, Apple &amp; Apple Blackcurrent</td>
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<tr>
<td>Chicken Curry</td>
<td>Juiced Up Pop Top 250ml</td>
<td>$2.40</td>
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<tr>
<td>Sweet Chilli Chicken</td>
<td>Apple, Orange, Apple Blackcurrent</td>
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<tr>
<td>Pasty</td>
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<td></td>
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<tr>
<td>Sausage Roll</td>
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<tr>
<td><strong>Sauce</strong></td>
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<tr>
<td>20c ea</td>
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Lunch order bags are available from the school or the Bakery. Please only order food & drinks listed on this price list.

**Cowell Bakery**  
**25 Main Street**  
**Ph: 8629 2034**

*Lunch order bags are available from the front office of the school*
DOG AND CAT GROOMING
IN COWELL
OPEN TUESDAYS
Consultation and surgery by appointment. Dog and Cat grooming available as well as rescued pets, see website www.whyallavet.com.au
Ph: 86292609 (Wednesdays) 86459926 (other days)
Emergencies: call the vet on 049806392

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Offering support with:-
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• Comprehensive Health Assessment
• Maintaining Wellbeing
• Counselling
• Remedial/Lymphatic Massage
• Reflexology

Consults Tues, Wed & Thurs From Cowell Allied Health Services Health fund claimable, Gift vouchers available
Ph: 0828 5061, 0427 020 200

Franklin
Electrical Solutions

• Building extensions on your home?
• Planning a new outdoor area?
• Building the shed of your dreams, or finally running power to it?

For quality solutions to your electrical problems

Contact Matt
0427 292 055

Cowbell Volunteer Marine Rescue

Communications Centre
North Terrace COWELL
0457 957 221

Learn Boat Handling, Radio Procedure, Navigation Training—Monday—1700-1900hrs
For more information contact:
Training Officer: Dale Bailey
0429 054 969
Vice Commodore: Malcolm Brine
0488 292 567

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94 & 95 Melrose Road Cowell
Offers Over $35,000
Rural Living Allocations
11,329 sqm (2.79 acres) in size.
Power and Water are available.
BE QUICK, VENDORS SAY SELL.