got together last night for some final pieces of information and the opportunity to ask organisers any last minute questions. The students also had a visit from Rowan Ramsey on Monday, who had a chat to them and answered some of their questions about visiting Parliament and political life in Canberra. A big thank you to all of the staff and parent volunteers who are going along to help supervise, especially to Ms B who has spent countless hours on emails and phone calls making sure that everything is organised and our students will have a terrific experience.

Field Days
We are looking forward to a busy and exciting time next week at the Eyre Peninsula Field Days in Cleve. We have 38 Movers and Groovers, who will be showing us their vocal talents on Tuesday – performing at 10:30am and 1:00pm at the Ranbuild shed, as part of the Music Showcase. Thank you to Michelle Curtis who has spent a great deal of time and energy coaching and rehearsing the students in preparation for their performances.

We will also have a display of student work in the Ranbuild shed, promoting the teaching and learning that goes on at our site, along with other schools from within the Central Eyre Partnership.

Finally, we will have a stall in the “A Taste of Eyre Peninsula” tent, where we will be selling oyster kebabs, oyster Kilpatrick and bags of fresh oysters (all straight from our lease). We will also have gift bags available – containing a recipe book, shucking board and knife and...

PLEASE COME ALONG AND SEE US. TRY SOME OF OUR DELICIOUS FOOD AND SUPPORT OUR STUDENTS.

CATCH UP WITH A COWELL KID
This week I caught up with Year 7 students – Sienna Butson, Mikayla Flavel and Ryan Beinke. We had some interesting conversations about where they see themselves in the future and what they think of life as a student at Cowell Area School. Both Ryan and Sienna moved to Cowell when they were younger, having lived in Adelaide and Pt. Wakefield. Sienna has an interest in guns and warfare and would like to be a pilot in the Airforce when she leaves school. She is not concerned about having to go somewhere where there is a conflict, but is rather keen to be deployed overseas where she can help others out. Mikayla is passionate about netball and, although not really sure what she would like to do beyond school, thinks that some kind of career involving netball would be great! Who knows we may have a future Diamond in our midst! Ryan enjoys building things and figuring problems out, so thinks that possibly going into mechanics or Engineering might be a possible direction for him. He often spends time helping his dad fixing things at home.

Canberra Trip
Well, the wait is nearly over! We have lots of very excited students (and staff) who will be boarding the bus and heading off to Canberra on Saturday afternoon. Everyone
Mikayla likes the fact that they don’t have a massive class, which means that they can get more time with the teacher. Living in a close-knit community was a positive for Ryan because friends all know each other, everything you need is right there and learning in a small class is more productive. The group didn’t have too much that they though they would like to see improved, although the issue of technology was again an issue – with the batteries on their computers getting a bit old (lucky we’ve ordered some new ones!). They also thought that more ipads available to classes would be good for their learning. There were some subjects they found less enjoyable because they tended to spend more time sitting, listening and writing and would like to get out of the classroom a bit more. They enjoyed the opportunity to do things like role plays in the more theory based subjects like HASS.

Thanks to the Year 7 students for their conversation – I’ll finish with something that Ryan said to us about school. “You should have fun at school but you can’t just slack off – if you don’t do well, you can’t get a good job where you can have fun when you’ve left”.

I hope you all do well and get to enjoy your job like I do!!!

**DATES TO REMEMBER**

**TERM 3**

**WEEK 2**
6-12/8 - Middle School Canberra Camp

**WEEK 3**
6-12/8 - Middle School Canberra Camp
9-11/8 - Cleve Field Days
10/8 - Whole School Closure Day

**WEEK 4**
15-19/8 - SAPSASA Football/Netball
- Science Week

**WEEK 5**
22-26/8 - Book Week

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**SCHOOL NEWS**

Canberra, Sovereign Hill and Perisher Valley
Year 7-9 Camp

These is some last minute information for those parents and students who could not make the meeting on Tuesday night.

- Please do not pack the sleeping bag/blanket and pillow into the bag as they are needed on the bus
- If there have been any changes since the medical form has been filled out, please contact the school
- Please check your Medicare Card, is it out of date (this information does not appear on the medical form)
- A backpack does not appear on the equipment list, could students please come with one

Two phone numbers for emergencies on the camp are Vicki-0417880105, and the school phone 0448189484. The school front office can also be called.

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**Eyre Peninsula Field Days, Cleve 9th, 10th & 11th August 2016**

Cowell Area School will again be involved in this year’s Eyre Peninsula Field Days, selling our oyster products, advertising our school & its Aquaculture program.

We will be situated in the ‘A Taste of Eyre Peninsula’ (formerly Farmer & Fishermen’s Market) tent, cooking & selling oyster shaslicks, oysters Kilpatrick & closed fresh oysters.

We are seeking volunteers to help out on the stall over the three days in either of the following time slots; 11:30am to 2pm or 2pm to 4pm.

If you would be available to help out on either of these days please contact Kylie McFarlane at the school as soon as possible. An Exhibitors Pass can be provided to volunteers for the time slot they nominate to work.

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**HAPPY BIRTHDAY!**

AUGUST
5/8—Alex Ferguson
7/8—Kayden Iversen
9/8—Cathryn Doyle
10/8—Mardi king

9/8—Brock Kent

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**PUBLIC MEETING**

Public Libraries SA & the District Council of Franklin Harbour invite you to attend the Cowell School Community Library’s

*Community Consultation Session*

to be held Friday, August 5th @ 10.30am in the Library.

Come and have your say about what you would like from a Library Service, we would love to see you!
Developing Positive Values

As young people grow up their values form the moral centre of their life. "Values guide our actions and help us to define who we are and what we stand for. Values play a powerful role in our reputation and relationships." Andrew Fuller

Developing your child’s positive social values

Positive social values – such as honesty, compassion, kindness, cooperation, acceptance of difference, respect and friendliness – foster harmonious and caring relationships between people.

Parents teach values to their children every day. Your child learns values by watching what you do. They learn their life lessons from you.

Sometimes what you teach them will be conscious and explicit. At other times, they will learn by observing how you behave, the language you use, and the way you respond to a situation, or a person or group of people.

As they mature, your child will understand what you really value, and over time they will develop a value system of their own. The stronger and more positive your relationship with your child, the more often they will draw on the values you have helped them to develop.

These are some ways to develop positive social values in your child.

Encourage positive social values

Begin by actively encouraging your child to live by positive social values such as honesty, compassion, kindness, cooperation, acceptance of difference, respect and friendliness.

Be a role model

Act as a role model for your child, so that they can see how these values operate in practice. This includes the type of language you use when interacting with others, the kind of jokes you tell and the behaviours you display. Your child will take their cues from you about what is and is not acceptable.

Look for opportunities to be kind

Encourage your child to look for opportunities to be kind and generous and to be of service to others or the community. Show them you think this is important by being open about your own involvement. Praise them for their keenness to get involved too. Sometimes working together to help others in the community is a wonderful opportunity for you to strengthen your bond with your child.

Make your expectations explicit

Make it clear to your child how you expect them to behave – being honest, respectful, cooperative, kind, friendly and accepting of difference. Encourage and praise them when they behave according to these positive social values.

Encourage your child to stand up for others

Encourage your child to stand up for other child who is being bullied or mistreated; they could offer support or seek the assistance of an adult.

http://www.safeschoolshub.edu.au/for-parents/your-part/developing-your-child’s-positive-social-values/

Next week we will present data about our students’ positive values – according to the Resilient Youth Australia Survey (collected in March, 2016).

Colleen Peters & CAS Wellbeing Group
SCHOOL NEWS

**Literacy and maths tips to help your child**

*Doing Maths together at home*

*Before school to Year 2.*

**MEASURING THINGS**

- Use a wall measuring chart to measure the height of people in your family.
- Cut a piece of string for your child, any length will do. Use the string to measure objects in your house to find out what is longer or shorter than your ‘string measuring tape’. Ask your child to identify anything that is the same length.
- Explore other ways of measuring using a cup, jug, teaspoon, icy pole sticks, foot prints or hand lengths.
- Build a tower of blocks that is taller than a favourite toy. Ask your child to count the total blocks to measure the height of the tower.

**GO ON A NUMBER HUNT**

- With your child find numbers around you, for example house numbers, calendars etc.
- Look at and say the numbers on car number plates, signs, calendars, newspapers, shopping catalogues, speed signs, house numbers.
- Use different numbers as the starting point for practising counting, for example start counting from 6 or 10. Ask your child to count forwards and backwards. Ask what number comes before or what number comes after.
- Identify the numbers on a calculator. Use an online talking calculator at:
  
  [http://pbskids.org/cyberchase/games/calculator/calculator.swf](http://pbskids.org/cyberchase/games/calculator/calculator.swf)

**SCHOOL NEWS**

**Term 3 Week 2**

A friendly reminder that the school will be filling shoe boxes for Samaritan’s Purse. This is a fantastic project where Samaritan’s Purse delivers Christmas shoebox gifts to children in need around the world.

**You have three options:**

- **Make up a shoe box of gifts.** Guides on how to pack a box are available at school or online at operationchristmaschild.org.au. **Important – Prohibited items are Items that leak or melt, are breakable, are war related, gambling related or political and food, lollies.** We have shoe boxes or you can use an ordinary shoe box covered with pretty paper. These boxes need to be at school this term by Week 7/8.
- **Donate gifts into the front office collection box.** These will be packed into the boxes by students. Only new items are appropriate, no second hand please.
- **Donate cash towards delivery of boxes:** a box costs $9.00 to deliver.

Each week we will highlight a category of gifts for donation to our front office box

**Starting with WEEK 3:**

**SOMETHING TO WEAR** – Ages 2 – 14yrs. Examples t-shirts, polo shirts, shorts, skirts, caps, beanies, sandals etc.

Any queries please contact Ruth Tonkin at school or on 0484346991.

**NEWSLETTER ADVERTISING**

All newsletter advertisements need to be in to Kylie by 3:30pm on Mondays prior to publication the following Wednesday. Articles can be emailed to; Kylie.McFarlane536@schools.sa.edu.au

If you would like to have a copy of our weekly newsletter emailed to you, please email your request to Kylie McFarlane at:

Kylie.McFarlane536@schools.sa.edu.au
LIBRARY NEWS

Library Hours for Term 3
MONDAY—THURSDAY
8.30AM—4PM
FRIDAY
8.30AM—3PM

New this Week

Children's Fiction
Go Girl—Dancing Queen
Go Girl—Birthday Girl
Go Girl—Teacher’s Pet
Sir John the Mostly Brave by Johnny Smith

Children's DVD's
Transformers Rescue Bots (G)
Transformers Robots in Disguise (PG)

Adult Fiction
A Time to Rejoice by Anna Jacobs
Private India by James Patterson

Adult Non Fiction
World of Numbers by Adam Spencer
Crime Beat by Michael Connelly
1000 Great Places to Explore
Harry—A Biography by Marcia Moody
The Power of Bones by Keelen Mailman

Adult Large Print
Tom Clancy Duty & Honor by Grant Blackwood
Marrying Winterborne by Lisa Kleypas

Adult DVD's
Those Magnificent Men in their Flying Machines (G)
Mrs Brown’s Boys Season 1 (MA+15)

Community Connections

EP Creative Writing Group
Next Meeting: Wednesday 3rd August @ 5.30pm in the Library

Storytime
Wednesdays from 9.15am in the Library

Computing Workshops
We are now taking expressions of interest for any community members interested in attending computing workshops.

Adult Book Club
Next Meeting: Thursday 1st Sept @ 11am in the Library.

BOOK WEEK 2016
20th - 26th August

Theme: Australia! Story Country

This year we have two competitions open to school students.

A poetry writing competition open to all students. Students can submit an acrostic poem, a limerick or a rhyming poem on anything that fits with the theme.

An art competition open to all students. Students can submit a dot painting, either A3 or A4 in size, which could be used as an alternative cover to a favourite book.

Entries close @ Recess 19th August for both competitions.

Dress up day will be on Wednesday 24th August and students can dress up as a character from a favourite Australian Book. Each class will parade their costumes and winners will be announced at the assembly.

The Poetry and Art Competitions winners will also be announced at this assembly.
COWELL FOOTBALL & NETBALL CLUBS

SAVE THE DATE For Upcoming Social Events
August 6th Kids Movie Night

COWELL FOOTBALL NETBALL CATERING

THURSDAY 4/8/16

Kitchen Roster
6-8pm
Mark Churchett, Kylie McFarlane, Jacqui Webb, Jaxon Webb & Nash McFarlane.

8pm sharp
Hayley Fiegert, Hannah Wight, Jake Klingberg & Wayne Piggott.

Bar Roster
6-7.30pm 7.30-9pm 9-Close
S. White J. Kelly D. Milton
P. Webb

SUNDAY SCHOOL
Sunday School is restarting for Term 3. We are planning to hold this every 2 weeks at 10am starting this Sunday 6th August 2016 at the Lutheran Church Hall. All children welcome.

THANKYOU FROM THE CRETENDEN FAMILY

Last Saturday Zac was concussed due to a bump on the head playing footy. He received wonderful care from staff at Cowell Hospital and Doctor Parker.
Zac was transferred by ambulance to Port Lincoln with which was a safe and comfortable trip.
Due to the concussion he wasn’t in very good spirits with an awful headache and vomiting.
An overtime stay in Port Lincoln Hospital was a good experience and the care and compassion was lovely.
Zac was discharged from Lincoln on Sunday morning with a strong appetite and not the slightest of headaches, i was amazed, i had my boy back!
It was a worrying experience and one i wish for no-one. It was a footy 'accident' and by no means is anyone at fault.
I wish to extend my thanks to the Cowell Football and Netball Clubs, friends and family for their many texts and phone calls, it really peped us up with Zac making mention of how much people cared.
With Cretty not being around, having the community rally around to look after Taj, feed our pets and drive us back from Port Lincoln made the 24hours of crazy very smooth.
We moved to Cowell in November last year, i am a stay at home mum, our boys attend school and a husband who works away, just a normal family, but, over the weekend we felt a little more special than that.
Zac has recovered well and cant wait to get back and play in the team, although this week he’ll have to cheer from the sidelines.
Many Thanks from Tina Cretty x

COMMUNITY NEWS

COMMUNITY NEWS

GARAGE SALE
Saturday 6th August, 17 Lincoln Highway, 9am Start
Furniture, kitchen items, linen, exercise bike, tools, twin tub washing machine, miscellaneous items

SATURDAY 6/8/16

Gate Roster
9-10am 10-11am 11-12:30 12:30-2pm
E. Chopin R. Wagner E. Smith D. Cook
S. Darling M. McFarlane

Canteen Cooks
10-11:30 11:30-1pm 1-2.30pm 2-3:40
J. Vawser S. Butson R. Crettenden W. Kuhn
M. Roberts A. Klingberg K. Turner W. Schultz

Canteen
8:30-11:30 11:30-2:30 2:30-5:30
Till J. Harding A. Polkinghorne S. McFarlane
H. Slee M. Papillo M. Gray
S. Staines A. Iversen K. Inglis
R. Wagner K. Turnbull G. Norsworthy
L. Walker N. Turner J. Smith
R. White

Bar Roster
1-3pm 3-5pm 5-7pm 7-9pm
Irish B. Flavel J. Grund N. Mills
J. McFarlane A. Klingberg K. Wildman

9-Close
M. Siviour

COWELL FOOTBALL CLUB
Invites
EXPRESSION OF INTEREST
for
SPONSORSHIP OF THE PLAYING JUMPERS
SEASON 2017-2019

Interest can be lodged via email to emmacarney@me.com
or by mail to
The Cowell Football Club
PO Box 30
Cowell SA 5602

Closing date is 31st August 2016

All expressions of interest will be tabled at our September meeting.

Cowell Football Club
PO BOX 30
COWELL SA 5602
President
Mark Carney
Phone: 08 8629 2266
Fax: 08 8629 2366
email: cftclub@gmail.com
Secretary
Emma Carney
Phone: 0400 996 763
email: EmmaC@countrylia.com.au

Keep up to date with the latest school news and upcoming events by liking us on Facebook.
**SAVE THE DATE**

Barb’s Cowell Community Concert
Friday September 23rd (night of the student free day term 3 Week 9), 7pm at the Cowell Institute.

Proceeds to Cowell Area School, last year we raised $3000
Performers include, Movers and Groovers, Reception/Kindy 3 little pigs, local singers and instrumentalists, Sing Australia, skits, Ra’na Dancers and lots more.

Come along and support our local talents and help raise money to continue to support children’s learning at Cowell Area School.

**DR ALEKSANDER OCHNIK MEDICAL PRACTICE**

For the information of our patients;

Drs Mathew Chunkathil and James Francis will be consulting at this practice on Monday, Wednesday and Friday evenings from 5.00pm until 7.30pm

Any changes to these times will be advised to patients with appointments who will be affected.

The surgery will be staffed from

1.00pm until 5.00pm on Tuesdays and Thursdays and

2.00pm until 8.00pm on Mondays, Wednesdays and Thursdays

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**KIDS KITCHEN 2016**

**Tuesday 9th, Wednesday 10th & Thursday 11th August**

The Kids Kitchen at TAFE SA EP Field Days helps kids learn to make yummy food and have fun at the same time.

$35 pp

Ages 8-14 years

Field Days Feast (8 to 14 years)
10:00am – 11:30am 9th, 10th or 11th August 2016

- Nori Rolls
- Chicken Sliders
- Banana Crepes

To enrol visit [www.eventopia.co](http://www.eventopia.co) and purchase your ticket now.

Limited positions available.

For further information contact:
Megan Cox 0427 272 119 Megan.cox@tafesa.edu.au OR
Richard Horgan 0428 134 960 Richard.horgan@tafesa.edu.au

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**Work Safely at Heights**

This training course is based on the unit of competency RICH3034D Work Safely At Heights.

The materials in this course provide the information you need to undertake safe working practices at heights or depths. They cover:

1. Identifying the work requirements, procedures and instructions for the task.
2. Accessing and installing equipment.
3. Performing work at heights.
4. Cleaning up the work area.

The work required in this unit relates to the National Standard for High Risk Work.
In Cowell
Open Tuesdays
Consultation and surgery by appointment. Dog and Cat grooming available as well as rescued pets, see website www.whyallavet.com.au
Ph: 86292609 (Wednesdays)
86459926 (other days)
Emergencies: call the vet on 0409806392

KAYLEEN TURNBULL, Dip. Nat.
Offering support with:
- Nutrition & Weight Management
- Comprehensive Health Assessment
- Maintaining Wellbeing
- Counselling
- Remedial/Lymphatic Massage
- Reflexology

Consults Tues, Wed & Thurs
From Cowell Allied Health Services
Health fund claimable, Gift vouchers available
Ph: 0422 5061, 0427 020 200

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* Specializes in connecting your home to the CWMS
* All plumbing adheres to SA standard & regulation codes.
* 15 years experience & knowledge of your homes individual connection needs

Call Mark for a consultation
Regarding your connection 0429 624 291
PK Plumbing Lic No 174307C

Looking to rent in Cowell or Cleve?
tumbybay.eldersrealestate.com.au
For more information or to arrange a private inspection please contact us on
08 8688 6500
0428 882 949
Managing Cowell properties for over 9 years

Franklin Electrical Solutions
- Building extensions on your home?
- Planning a new outdoor area?
- Building the shed of your dreams, or finally running power to it?

For quality solutions to your electrical problems
Contact Matt
0427 292 055

Cowell Volunteer Marine Rescue
Communications Centre
North Terrace COWELL
0457 937 221

Learn Boat Handling, Radio Procedure, Navigation Training—Monday—1700-1900hrs
For more information contact:
Training Officer: Dale Bailey
0429 054 969
Vice Commodore: Malcolm Brine
0488 292 567

Franklin Harbour Button Club
BBQ TRAILER HIRE
$100 hire for 24hr period
Phone 0437 295 276

Cowbell Recycling Depot
83 Cowell/Kimba Road
Open hours:
Thursday 3:30pm to 5:00pm
Friday 2:30pm to 5:00pm
Sunday 10:00am to 1:00pm

SOLD
Ray White
19 Rupara Street, Cowell
Call Phil for an appraisal today 0428 158 282