Dear Parents and Caregivers,

There have been many highlights throughout Term 2. Some of these include:

- Motivational Media speakers
- ABC Writing Awards
- Pastoral Care Worker started
- Increase in numbers entering academic competitions
- Yr 9-12 exams, Yr 3, 5, 7 & 9 Naplan
- Various Performances
- Sports participation in SAPSASA Football and Netball, Port Magpies 9 a side football and U15 girls netball
- R.E. for R-6 classes
- Inter Church Council morning tea and support with motivational speaker group
- Parent working bee on grounds
- Policy and procedure reviews
- Community BBQ

On behalf of the staff and students I would like to thank all our parent and community volunteers for helping with in-class support, providing transport to and from events and also for your support at school events.

Assembly/Last day of Term
The end of term assembly will be held on the school lawn on the last day of term. It will be held from 12:10pm – 1:05pm (please note the change in time from last week’s newsletter). Students will have a home group after lunch and be dismissed at 2:20pm with buses departing shortly after.

Term 3
Commences on Monday 20th July.

I hope you all have a safe and enjoyable holiday.

Kind regards,
Jan Burton

TEACHER EXCELLENCE AWARDS
Congratulations also to Mrs Jan Burton who has been nominated by people in the school community for Excellence in their teaching. We are very privileged to have such committed and excellent teachers contributing to our school.

Bob Combes
Acting Deputy Principal

DATES TO REMEMBER

TERM 2

WEEK 10
1/7 - Disco Run by Year 7 Class
3/7 - Last Day of Term 2
School finishes at 2:20pm

TERM 3

WEEK 1
20/7 - First day of Term 3
24/7 - Barb’s Community Benefit Concert

WEEK 2
29/7 - Swim Club AGM at 7.30pm in Library
30/7 - Maths Competition

WEEK 3
3/8 - Student Free Day
3-6/8 - Year 6 Camp to Adelaide

WEEK 4
10-14/8- Year 10 Career Camp to Adelaide

Our school is conducting a trial of our own Skoolbag iPhone App to help us communicate more effectively with our Parent/Student community. We are trialling the iPhone version for 30 days, if we continue with the App after the trial we will then get the Android version in the Google Play Store. We are asking parents/students to install our Skoolbag App. To install it, just look for our school name “Cowell Area School” in the Apple App Store, and install it on your iPhone.

JULY

1/7—Sophie Flavel
2/7—Levi Smith
2/7—Dayna Armstrong
2/7—Jake Green
10/7—Lauren Beinke
10/7—Chloe Martin
2/7—Amber Phillips
Year 5 and 7 Assembly

On Wednesday 3rd June Year 5 and 7 hosted an assembly at the Institute. The theme was endangered animals due to the assembly taking place during, Wild Onesie Week,” which is a fundraising week for the World Wildlife fund.” The students collected donations for this organisation from staff, parents and library users. We raised $42.20. The Year 5 and 7 students and teachers dressed up and each class researched an endangered animal and found out an interesting fact about it. We were also entertained by some fantastic musical performances.

Online information and help

Reach Out provides information on youth mental health and wellbeing issues. A range of help-seeking options, stories, videos, interactive forums and blogs are available for young people.

Youthbeyondblue has a specific focus on young people aged 12 to 25 years. It has information and help options on depression, anxiety and associated drug and alcohol problems in young people. It includes offers ways for friends and family to support a young person going through a hard time.

E-couch is an interactive self-help program for anxiety and depression. Young people can learn how to manage difficult times, how to think differently and how to change the way they interact with other people. Registration is free and users create their own user name and password. E-couch is also a great site for parents and children to sit and work through the program to come up with strategies to help.

Child and Youth Health has mental health information and links for children (6-12 years), teens (13-17 years), young adults (18-25 years) and parents and carers.

Aceda supports people who are affected by panic and anxiety disorders, obsessive compulsive disorders and eating disorders. Help-seeking information and non-clinical telephone support is available.

Headspace is for 12-25 year olds with mental health and drug and alcohol problems. Check the website for parent and carer information and to get information about South Australian centres.

KidsMatter has parent and carer information sheets on topics such as coping with fears, understanding emotions and children with anxiety problems.

Beyond Blue provides resources and creates awareness about depression, anxiety, bipolar and related disorders. You’ll find symptom checklists, research, information and advice on where to get help.

Supporting parents and families is an Australian Government resource that helps people become aware of the warning signs of mental health problems, the importance of seeking early help and the ways you can help support your child or young person.

E-mental Health Directory connects you to self-help programs and education, online counselling, programs fro school students, online mental health training, professional development and clinical resources, online screening tools, online support forums and other mental health directories.

SHine SA (Sexual Health information networking and education) provides current information for people about sexual health and service contacts and offers a range of resources for the community.

R—5 DISCO TONIGHT

In the Multipurpose Room from 4pm to 5.30pm. $5.00 entry (includes drink, packet of chips & chocolate bar). Theme is Hippies. Kindy children welcome (under parent supervision).

MIDDLE SCHOOL CANBERRA CAMP

We have been very fortunate in having a great response to the Meat Tray Roster, with almost all parents offering to do a shift selling tickets on a Wednesday night so THANK YOU all very much.

Letters were sent home to all parents of students in Years 6, 7 & 8. PLEASE COMPLETE & RETURN THE ORANGE SLIPS with your donation for the Facebook Auction so that we can get this arranged during the holidays & start the auction process.

If you didn’t receive a copy of this letter, please check your child/children’s bag or let the front office staff know & we will arrange for a copy to be sent home for you.
PCW NEWS

I'm Jess!
Your Pastoral Care Worker.
I love the Cowell community and I’m excited to be working at the school.
I also love music, baking, a good laugh, travelling and a beautiful sunrise.

Pastoral Care Workers offer a unique dimension of care and support to all members of the school community. I will be a positive role model and I bring compassion, understanding and provide practical, ongoing support to students and families.

As the School Pastoral Care Worker, I will be available in the yard during most break times, will work alongside teachers and students in the classroom, and I will be an extra resource to teachers to support extra-curricular events and activities. I also provide a Christian presence in the school on behalf of the local churches.

I will be at the school on Mondays, Thursdays and Fridays and I can be contacted by students through my front office message box. Parents and care-givers can contact me through the school front office. I am really looking forward to assisting the school staff to provide the best outcomes for students and their families.

LIBRARY NEWS

Library Opening Times
Monday, Tuesday, Wednesday & Friday 9am - 4pm
Thursdays 10:30am - 4pm
Ph/Fax: 86 292 320

New Stock In the Library this Week

Adult Fiction
Time of Death by Mark Billingham
The Ways of the World by Robert Goddard
Child 44 by Tom Rob Smith
A Spool of Blue Thread by Anne Tyler

Large Print
The Road to Hope by Rachael Johns
Runaway Lies by Shannon Curtis
The House at the Bottom of the Hill by Jennie Jones
The Night Guest by Fiona McFarlane

Children’s Intermediate Fiction
The Blood of Olympus (Heroes of Olympus) by Rick Riordan
Blackout (Urban Outlaws) by Peter Jay Black

Children’s Non-Fiction
My Language, Your Language by Lisa Bullard
My Food, Your Food by Lisa Bullard
My Clothes, Your Clothes by Lisa Bullard
My Family, Your Family by Lisa Bullard

Children’s DVD’s
Meet Diego - G
Diego Saves the World - G
Journey to the Great Pyramids - G
My Little Pony: The Movie - G
The Berryfest Princes - G

DVD’s
The Railway Children - G
I am Sam - M
John Q - M
Crackerjack - M
Oliver Twist - PG

New to the Library
Child 44 by Tom Rob Smith
In Stalin’s Soviet Russia the impossible is happening. A murderer is on the loose, killing at will, and every belief that security officer Leo Demidov has ever held is shattered. Denounced by his enemies and exiled from home, with only his wife Raisa by his side, Leo must risk everything to find a criminal who the state won’t even admit exists.

School Holiday Opening Times
Open Monday to Wednesday
10am til 4pm
Thursday
10am til 3pm
Closed Friday
COMMUNITY NEWS

COWELL BOOK CLUB
The next meeting of the social book club will be on Thursday 30th July at the slightly later time of 6.30 p.m. in the Commercial Hotel to discuss the current book, *Walking on Trampolines*, by Frances Whiting. New members are always welcome to attend.

FRANKLIN HARBOUR RED CROSS
Annual General Meeting will be held at 10am in the Ivy Caire Centre on Thursday 9th July. Love to see you there.

COWELL PROBUS CLUB
Meeting will be held on Friday 3rd July at 10am in the Franklin Harbour Hotel. Guest speakers at 11am—Josie Scott & Rose Clark—Trip to Kilimanjaro. Members & visitors welcome.

SAVE THE DATE
Barb’s Community Benefit Concert
Friday 24th July, Cowell Institute
Doors open at 6.30pm for a 7pm start.
Proceeds to Cowell Area School ‘Digital Technologies’.

TICKETS: Adult $12.00, Child (3yrs & over)$5.00, Family $30.00 available from the school, post office or at the door. Correct money appreciated. Pre purchase tickets to avoid waiting at the door.
Performances will include; Reception to Year 2 Junior Primary Jive, Senior School Singers ‘Reflection’, Mystery Staff performance, Mr Christensen’s music students, Ra’na Dance, Cowell Sing Australia, community items & much more!

ATTENTION: An amount of money was found on school grounds last week & handed in to the front office. If you lost some money & believe this may be yours, please contact the school on 86 292 150.
The Football/Netball Canteen is a major source of income for both the Football and Netball clubs, please support the canteen and bar by working your shift or by finding a replacement if you are unable to do it.

### Thursday 2/07/2015
<table>
<thead>
<tr>
<th>Kitchen Roster</th>
<th>Bar Roster</th>
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<tbody>
<tr>
<td>6:00-8:00pm</td>
<td>8:00-Cleanup</td>
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<tr>
<td>Jarrod Todd</td>
<td>Ben Christensen</td>
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<tr>
<td>Sharyn Williams</td>
<td>Buzz Fiegert</td>
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<tr>
<td>Sandy McFarlane</td>
<td>Jade Kuhn</td>
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<tr>
<td>Mac Cotter</td>
<td>Hayley Fiegert</td>
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<tr>
<td>Kia McFarlane</td>
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### Thursday 9/07/2015
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<td>6:00-8:00pm</td>
<td>8:00-Cleanup</td>
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<tr>
<td>Kane Turner</td>
<td>Emily Frigo</td>
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<tr>
<td>Emma Carmody</td>
<td>Renae Dearman</td>
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<tr>
<td>Jo Klingberg</td>
<td>Alec Klingberg</td>
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<td>Dante Zanet</td>
<td>Logan Elliott</td>
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<td>Rhiannne Carmody</td>
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### Thursday 16/07/2015
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<td>6:00-8:00pm</td>
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<tr>
<td>Gav Schumann</td>
<td>Kat Dawson</td>
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<tr>
<td>Dee Cook</td>
<td>Jazzy Piggott</td>
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<td>All Schumann</td>
<td>David Leggate</td>
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<tr>
<td>George/Ruby Cook</td>
<td>Pete Goodyear</td>
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<td>Harrison Schumann</td>
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### Thursday 23/07/2015
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<tbody>
<tr>
<td>6:00-8:00pm</td>
<td>8:00-Cleanup</td>
</tr>
<tr>
<td>Damien Bastiaux</td>
<td>Sara Walker</td>
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<tr>
<td>Natasha Bastiaux</td>
<td>Claire Norsworthy</td>
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<tr>
<td>Georgia Norsworthy</td>
<td>Wes Kuhn</td>
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<tr>
<td>Sean Norsworthy</td>
<td>Wayne Piggott</td>
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<td>Tayla Bastiaux</td>
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### Thursday 30/07/2015
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<tr>
<td>6:00-8:00pm</td>
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<tr>
<td>Gary Martin</td>
<td>Renee Dearman</td>
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<tr>
<td>Jade Martin</td>
<td>Meagan Hornhardt</td>
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<tr>
<td>Terrie Walker</td>
<td>Ethan Grigg</td>
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<tr>
<td>Monique Linton</td>
<td>Tristan Carmody</td>
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### Friday 6/08/2015
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<td>6:00-00pm</td>
<td>6:00-Cleanup</td>
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<tr>
<td>John Tonkin</td>
<td>Kyla Franklin</td>
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<tr>
<td>Di Gynell</td>
<td>Kat Dawson</td>
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<tr>
<td>Amanda Iversen</td>
<td>Phil Norsworthy</td>
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<tr>
<td>Dylan Kent</td>
<td>Alec Klingberg</td>
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<tr>
<td>Lila Tonkin</td>
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### Saturday 8/08/2015
<table>
<thead>
<tr>
<th>Gate</th>
<th>9:00-10:00</th>
<th>10:00-11:00</th>
<th>11:00-12:30</th>
<th>12:30-2:00</th>
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</thead>
<tbody>
<tr>
<td>Sharmain Turner</td>
<td>Meagan Franklin</td>
<td>Phil Cook</td>
<td>Adrian Franklin</td>
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<tr>
<td>Buzz Fiegert</td>
<td>Kyla Franklin</td>
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<tr>
<td>Canteen Cooks</td>
<td>10:00-11:30</td>
<td>11:30-1:00</td>
<td>1:00-2:30</td>
<td>2:30-4:30</td>
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<tr>
<td>Chris Baird</td>
<td>Tim Wiseman</td>
<td>Gary Martin</td>
<td>Ettiene Posthumus</td>
<td>Luke Story</td>
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<tr>
<td>David Leggate</td>
<td>Alec Klingberg</td>
<td>Jamie Russell</td>
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<tr>
<td>Canteen</td>
<td>8:30-11:30</td>
<td>11:30-2:30</td>
<td>2:30-5:30</td>
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<tr>
<td>Till</td>
<td>Emma Chopin</td>
<td>Annette Polkinghorn</td>
<td>Michelle Whibberly</td>
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<tr>
<td>Nikki Hackshaw</td>
<td>Belinda Grund</td>
<td>Michelle Beinke</td>
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<tr>
<td>Tara Posthumus</td>
<td>Rachelle Russell</td>
<td>Donna Keen</td>
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<tr>
<td>Jess Jaeschke</td>
<td>Angeline Schultz</td>
<td>Flea Wiseman</td>
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<tr>
<td>Amilee Jones</td>
<td>Kerry-Ann Inglis</td>
<td>Allisa Maslin</td>
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<tr>
<td>Georgia Norsworthy</td>
<td>Amy Oldfield</td>
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<tr>
<td>Bar</td>
<td>3:00-5:00pm</td>
<td>5:00-7:00</td>
<td>7:00-9:00</td>
<td>9:00-Close</td>
</tr>
<tr>
<td>Ben Sutton</td>
<td>Zac Crabb</td>
<td>Wayne Piggott</td>
<td>Ben Earle</td>
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<tr>
<td>Adrian Franklin</td>
<td>Darryl Smith</td>
<td>Paul Franklin</td>
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COWELL FOOTBALL NETBALL CATERING

The Football/Netball Canteen is a major source of income for both the Football and Netball clubs, please support the canteen and bar by working your shift or by finding a replacement if you are unable to do it.
DOG AND CAT GROOMING

IN COWELL
OPEN WEDNESDAYS
Consultation and surgery by appointment. Dog and Cat grooming available as well as rescued pets, see website www.whyallavet.com.au
Ph: 86292609 (Wednesdays)
86459926 (other days)
Emergencies: call the vet on 049806392

KAYLEEN TURNBULL, Dip. Nat.
Offering support with:
- Nutrition & Weight Management
- Comprehensive Health Assessment
- Maintaining Wellbeing
- Counselling
- Remedial/Lymphatic Massage
- Reflexology

Consults Tues, Wed & Thurs
From Cowell Allied Health Services
Health fund claimable, Gift vouchers available
Ph: 8628 5061, 0427 020 200

TRAILER HIRE
Ideal for the Festive season, parties or events. Great for roasting as well as barbecuing.
$100 hire for 24hr period.

Ray White Eastern Eyre Peninsula
NEW PRICE
& SOLD

33 - 35 O’Connell Street
Cowell $359,000
2022 sqm block of land. 37m frontage. Situated on a peaceful street just walking distance to main street & jetty.

Lot 64 Melrose Road
Cowell SOLD
1464 sqm block. Situated in a fast developing part of town. Block is levelled and partly fenced.

Franklin Harbour
Button Club
TRAILER HIRE
Ideal for the Festive season, parties or events. Great for roasting as well as barbecuing. $100 hire for 24hr period.

ADRIAN & SHARRAN
FRANKLIN
CAR & MACHINERY TYRES & BATTERIES

Communications Centre
North Terrace COWELL
Learn Boat Handling, Radio Procedure, Navigation
Training—Monday—17.00hrs
For more information contact:
Commodore—Garry Lum
0427 292 132
Meetings are first Wednesday of every month.

Franklin Deli
Trading Hours are as follows:
Monday—Saturday
8:30am to 5pm
CLOSED SUNDAY
Public Holidays: 10am to 3pm
DVD Hire, Agent for SA Lotteries. Take away menu available from Monday to Saturday 11am to 3pm
Phone Orders Welcome
Ph: 8629 2016

Cowell Volunteer Marine Rescue

LAST CHANCE TO ENTER
2015 Baby Competition
We still have a few spots left for the competition.
0-1 years, 1-2 years & 2-3 years.
Competition to run until October 31st.
Phone or text:
Danni Osborne, 0427296090

LUCY Rivers

ADVERTISING ARTICLES
OMET

Building extensions on your home?
Planning a new outdoor area?
Building the shed of your dreams, or finally running power to it?
For quality solutions to your electrical problems
Contact Matt
0427 292 055

Franklin Electrical Solutions

Cowell Volunteer Marine Rescue

FOR ALL YOUR
AIR-CONDITIONING
& REFRIGERATION
NEEDS
CALL:
DAMO 0428884281
Lic No: AU30285

SKATE PARK
FUNDRAISER

Andrew & Sarah Bedell
9 Main Street, Cowell SA 5602
Phone/Fax 8629 2051
Our Butcher@Cowell
Opening Hours:
Monday to Friday
8.30am—5.30pm
Phone Orders Welcome
Gift Vouchers Available
Make Our Butcher Your Butcher

Real Estate

UNDER CONTRACT
UNDER CONTRACT
UNDER CONTRACT

20 Sims Crescent
CLEVE
2 Leonard Crescent
CLEVE
1-3 McLachlan Street
CLEVE

Monique Linton
monique.linton@elders.com.au
Mobile: 0419 033 074
RLA 62833

Elders
Real Estate

James Airconditioning & Refrigeration
0428 884 281
FOR ALL YOUR
AIR-CONDITIONING
& REFRIGERATION
NEEDS
CALL:
DAMO 0428884281
Lic No: AU30285

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Cowell Office 08 8629 2592